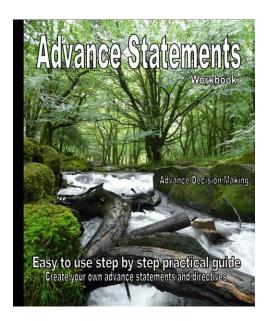


## **Crisis Planning**

This course is the UK equivalent of WRAP's crisis planning and post crisis steps

Are you worried that you won't get the care you want if you lost capacity? Would you want to stay at home or be in a care home if unwell? Who should be informed and have a say in your care if you become unwell? Are there treatments and medications you want to avoid? Have you been ill before and want to avoid things that went wrong previously.

Are you worried about what could happen to your home, finances, children or pets?



Run in 2 half day sessions

Part 1 and Part 2

Nottinghamshire

12:30pm till 4:30pm

Facilitated by one or other of the authors of the Advance Statements workbook.

Just £40 for both parts and includes your copy of our 110 page workbook

## This practical workshop will empower you in making advance decisions.

Creating an advance statement allows you to have a say in the way you will be treated if you become unwell and to say what happens to your home and belongings.

- ⇒ Learn the different ways you can make advance decisions...
- ⇒ Develop your own advance statement so that your wishes are more likely to be met if you become unwell.
- ⇒ We will explain how you can do this with or without a solicitor.

## Who is the course for?

This is a practical workshop for individuals who need to know about advance statements/directives and want to create their own. This course is suitable for people with no experience or previous knowledge of this subject.

## Outline

- Advance statements and how they can be used
- Types of advance decision making including advance directives
- Nearest relatives and lasting powers of attorney
- How to ensure your preferences are heard
- Tips for staying well so your advance statement may never need to be used!

To find out more and to book a place

Email: info@wraptraining.co.uk Phone: 01163 260444